

For our teachers, cleaning crew, students and parents.

Maintain safe behavioral practices

We have all had to make significant behavioral changes to reduce the spread of COVID-19. To reopen, we will need to continue these practices:

- Social distancing (specifically, staying 6 feet away from others when you must go into a shared space)
- Frequently washing hands or use alcohol-based (at least 60% alcohol) hand sanitizer when soap and water are not available
- Wearing cloth face coverings
- Avoiding touching eyes, nose, and mouth
- Staying home when sick
- Cleaning and disinfecting frequently touched objects and surfaces

Please note, our policies are subject to change as we receive more information & guidelines from our county and state health departments.

IN-PERSON CLASSES POLICY

For Students and Parents

Students that have any symptoms of covid-19 must stay home. They are welcome to attend an online zoom class instead. *please read “Watch for Symptoms” below.

Parents: if your student or someone in your household is exhibiting any COVID-19 symptoms, do not bring your student to class. Use our screening questions at home to see if your student can come to class.

- 1) All students need an updated, signed copy of the PSPA Student liability waiver on file with PSPA before returning to the studio. Please log onto your danceworks account to agree to our updated waiver.
- 2) In-studio classes will be kept small to ensure social distancing. We will not take drop-in's and students must be pre-enrolled and pre-paid. No in person makeup classes.
- 3) If you will be absent from an in-person class, please let PSPA know. *We may be able to have a student from the waitlist take their spot that day. Your student may take a makeup class on zoom if they have any symptoms or have been exposed to someone with symptoms.*
- 4) Cloth Face Coverings
 - a. Students are required to wear a face covering when entering & exiting the studio
 - b. Students are required to wear face coverings during class
 - c. Students are required to wear a face covering when walking to the bathroom
 - d. Staff are required to wear face coverings when in the vicinity of others (ex: when students and/or other staff are present)
- 5) Students should arrive dressed and ready for class. Only bring what you absolutely need inside. Get dressed and do your hair at home, not in the bathroom or dressing room.

For example: bring a small bag with dance shoes, phone, & water bottle. You may bring a small towel and set your bag on the towel if you wish. No eating in the studio.

- 6) When you see your teacher ready for you at the door, wait on the marked Xs to ensure physical distancing and get ready to enter the studio one by one after symptom screening. Symptom Screening: *We will be symptom screening students before permitting them to enter the studio. Students should be ready to answer: How have you been feeling? Have you been around anyone who has been sick? Have you had a fever, sore throat, or difficulty breathing? Have you had a cough, or runny nose? Have you been in a very large group gathering or on an airplane in the last 14 days?*
- 7) We will be temperature checking all students at the door.
- 8) No parents will be allowed into the studio. Please wait in your car until your child has been admitted into the studio. If any student exhibits or says they've had any of the symptoms of covid-19 (see below), they are not permitted to enter the studio and will need to go home immediately and take classes via zoom.
- 9) Your teacher will meet you at the door with hand sanitizer. You will then be directed into the studio.
- 10) Take your street shoes off once you are inside and change into your dance shoes. (Lunada Bay 106: change shoes in the lobby/dressing room. All other classrooms: change shoes at the benches near the front door.) Entry areas are marked with Xs to maintain distance while you change shoes. Dance shoes may not be worn outside. Street shoes may not be worn on the dance floor.
- 11) Bring your street shoes and bag with you into the studio. Set it at your designated space at the barre. Spaces at the barre will be marked with Xs. You will either stay at your spot at the barre (ballet class) or wait and:
- 12) Students will be assigned a specific space on the dance floor. They will be clearly marked. The dancer will take the full class in their designated space. This will ensure that we are practicing social distancing.
- 13) Teachers will have their own designated space to teach from. There will be no hands on instruction.
- 14) Bathroom: The bathroom will be open for students who need to use it. If possible, we recommend having dancers use the bathroom at home before they come to the studio. Students who need to use the bathroom should raise their hand and ask the teacher, and the teacher will ensure there is enough distance between you and others to walk to the bathroom. You must wear your mask when walking to the bathroom and when in the bathroom.
- 15) To exit class, wait your turn and then take all of your belongings and follow the floor markings to exit the dancefloor. Dancers will put on their street shoes while at the marked Xs to maintain distancing. (Lunada Bay room 106: change shoes in the lobby/dressing room. All other classrooms: change shoes at the benches near the front door.)
- 16) We will provide hand sanitizer to use as you exit.
- 17) Line up on the Xs outside and wait to be picked up.

**** Watch for symptoms ****

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19: Fever or chills, Cough, Shortness of breath or

difficulty breathing, Fatigue, Muscle or body aches, Headache, New loss of taste or smell, Sore throat, Congestion or runny nose, Nausea or vomiting, Diarrhea
This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19.